

Intermediate Emergency First Aid Responder

SAQA ID / Curriculum Code: 900233-000-00-00

NQF Level: 3

Credits: 5

Duration: 5 Days

Mode: Face to Face

Course Page Structure

1. Course Overview

This skills programme develops the capacity of learners to act as Intermediate Emergency First Aid Responders, enabling them to treat and stabilise casualties with severe injuries or illnesses until advanced medical services arrive. Learners will gain the skills to manage incident scenes, coordinate with emergency services, and provide lifesaving care across a wide range of conditions.

2. Entry Requirements

- Completion of Basic Emergency First Aid (NQF Level 2).
- Alternatively, learners may gain entry via Recognition of Prior Learning (RPL) if they can demonstrate equivalent competencies.

3. Exit Outcomes

- Upon completion, learners will be able to:
- Ensure safety at incident scenes and prevent further harm.
- Conduct professional secondary assessments of casualties.
- Provide intermediate-level first aid for conditions such as:
- Cardiac arrest, stroke, anaphylaxis, diabetic emergencies, seizures, drowning.
- Head, spinal, chest, abdominal, pelvic injuries.
- Burns, fractures, sprains, bites, stings, poisoning.
- Thermal stress (hypo/hyperthermia) and communicable diseases.
- Manage patient handovers and complete post-incident processes.

4. Career Pathways

- First Aid Attendant (OFO Code: 532901)
- Health and Safety Officer
- Security Officer
- Lifeguard
- Firefighter
- Sports Coach

- Roles across industries requiring emergency preparedness (corporate, security, hospitality, recreation, public service).
- Progression to Advanced Emergency First Aid Responder (NQF Level 4).

5. Assessment & Certification

- Internal knowledge and practical skills assessments.
- Final Integrated Summative Assessment (if required).
- Credits: 5 (NQF Level 3).
- Certificate awarded by QCTO upon successful completion.

6. Learning Methodology

- Knowledge Module (2 Credits): Concepts & Principles of Intermediate Emergency First Aid.
- Practical Skills Module (3 Credits): Application of Intermediate Emergency First Aid techniques.
- Scenario-based simulations and hands-on practice.
- No work experience module required.

7. Accreditation

- Accredited by QCTO.
- Developed with HWSETA as quality partner.
- Part of the Occupational Qualifications Sub-Framework (OQSF, 2021).